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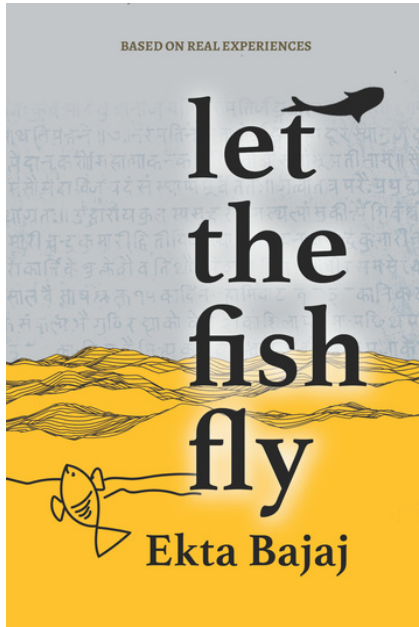


F I C T I O N A N D N O N F I C T I O N



LET THE FISH FLY EKTA BAJAJ

fiction



ISBN-978-1-7392214-5-4
Book size-127 x 203mm
Format- Paperback, B&W pages
Number of pages - 370
Retail Price- £11.99
Contemporary / Literary Fiction
Publishing Date:
16th September 2025

Book Synopsis

She thought she was chasing answers.

But in the quiet depths of the Himalayas, twenty-five-year-old Naina Sehgal discovers nine handwritten letters from her estranged grandmother, each revealing the story of a woman across time, place, and memory. Bound by a mysterious soul-knock she has felt since childhood, Naina is drawn into a journey far deeper than she ever imagined.

As she begins to unravel the letters' hidden meanings, she must confront everything she thought she knew — about herself, her lineage, and the nature of reality itself. Her quest leads her through inner and outer landscapes, awakening ancestral echoes and unlocking a spiritual truth her soul has long yearned to remember. Inspired by real mystical experiences and echoing the philosophical depth of the Upanishads, **Let the Fish Fly** blends fiction with feminine wisdom, esoteric dialogue, and visual storytelling to illuminate the soul's quiet transformation.

For seekers, readers, and dreamers — this is a book that invites you to remember what your soul already knows.

ABOUT THE AUTHOR

Ekta is the author of the empowering book *The Voice of Kali*, and co-author of the children's picture books *Shine Like a Star* and *Santa Wants a Makeover*. She is also the co-curator of the annual *AIM Literary Festival, UK*.

Passionate about reviving ancient wisdom through stories, Ekta's writing is inspired by Vedic philosophy and the feminine dimension of *Shakti*. She is proficient in Sanskrit and has a deep understanding of Vedanta.

Ekta was shortlisted for *Female Entrepreneur of the Year 2020* by the Thames Valley Business Awards, and was awarded *International Woman Icon 2021* for her debut book, *The Voice of Kali*.



Author's website : www.ektabajaj.com



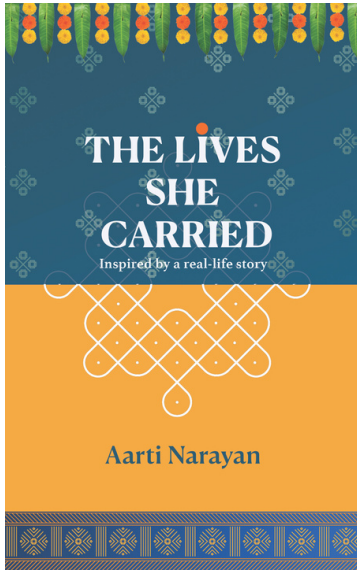
[ektabajaj_author](https://www.instagram.com/ektabajaj_author)



THE LIVES SHE CARRIED

AARTI NARAYAN

fiction



ISBN- 978-1-0684448-2-1

Book size-127 x 203mm

Format- Paperback, B&W pages

Estimated no of pages- 340

Retail Price - £12.99

Literary Fiction / Historical Family
Saga

Publishing Date- 4thOctober

Book Synopsis

She was told to be a patient wife. She chose instead to be a brave mother.

Married at fourteen, Lakshmi was raised to believe sacrifice was a woman's duty and silence her only armour. But when her husband's decisions begin to endanger the future of her children, she faces an impossible choice: remain quiet and survive, or find the strength to disobey.

Spanning decades from a small village in Kerala to the bustling streets of Mumbai, *The Lives She Carried* is a moving portrait of a woman determined to break generations of uncomplaining silence for herself and for the daughters who follow.

Rooted in history and culture, this is a stirring story of love, loss, resilience, and a mother's quiet rebellion.

A tale not inherited, but reclaimed.



Aarti Narayan

ABOUT THE AUTHOR

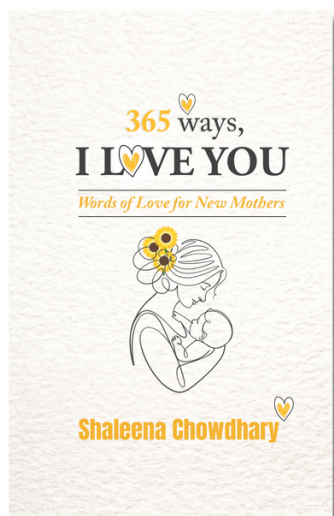
Aarti Narayan was born and raised in Mumbai, India. She obtained her MBA in 1997 from the Indian Institute of Management, Ahmedabad and was a corporate warrior for over twenty five years. Her first forays into writing were both printed in the New York Times (*Modern Love: Tiny Love Stories*). Aarti is now a full-time writer based in Singapore, where she lives with her husband and two children.



365 WAYS I LOVE YOU

SHALEENA CHOWDHARY

non-fiction



ISBN- 978-1-0684448-4-5
Book size-114 x 178 x27 mm
Pages-452
Format- Paperback, illustrated
B&W pages
Retail Price- £15.99
Motherhood / Self-Care /
Affirmations
Publishing Date - 4th October

Book Synopsis

Becoming a mother for the first time is a beautiful, emotional, messy, and overwhelming experience. **365 Ways I Love You** is a gentle companion for those early days and long nights, offering a loving affirmation for every day of the year.

Alongside these daily reminders of strength and self-compassion, Shaleena shares honest stories from her own journey through postnatal depression and the challenges it brought. Drawing on her experiences, she offers words of love and personal anecdotes to support women navigating similar emotions.

This book is a warm reminder that you are not alone, and that the love you give yourself is the greatest gift you can give your baby.

ABOUT THE AUTHOR

Shaleena Chowdhary is a devoted teacher and a proud first-time mum. She wrote **365 Ways I Love You** in the quiet, emotional moments of early motherhood. Passionate about nurturing both young minds and new mothers, she brings honesty, warmth, and encouragement to every page. Through her own journey of sleepless nights, joyful milestones, and self-discovery, she created this book as a daily reminder that love, rest, and grace are not just for the baby but for mums too.

When she's not teaching or cuddling her little one, you'll find her journaling, walking in nature, or enjoying a well-earned cup of tea.

365 Ways I Love You is her love letter to new mothers everywhere — a gentle hug in book form from one mum to another.





THE GIFT THAT GIVES BACK

MONICA SOOD



Imprint: Author In Me
ISBN: 978-1-0684448-1-4

Book Size 210 x 280
Number of pages-36
Format: Picture Book
Retail Price- £9.99
Picture Book
Themes- environment, tree
conservation, empathy, diversity,
responsibility
Publishing Date - 5th October, 2025

Book Synopsis

Set in the picturesque Himalayan town of Manali, India, *The Gift That Gives Back* follows eight-year-old Isha as she prepares for her birthday. But A heartfelt conversation with her grandmother about fallen trees, heavy rainfalls, and floods opens Isha's eyes to the powerful role trees play in protecting their home.

Determined to make a difference, Isha decides on a unique "gift" that will help her community and the planet.

This heartwarming picture book for ages 4–8 combines an uplifting narrative with a gentle introduction to environmental care, encouraging children to take small, meaningful actions in their own lives.

Beautifully illustrated, culturally diverse and emotionally resonant, the story celebrates empathy, responsibility and the joy of giving back. Ideal for schools, libraries, and families, it's perfect for sparking conversations about nature, climate change and caring for our shared world.

ABOUT THE AUTHOR



Monica Sood

Monica is a children's author and co-founder of Author In Me (AIM) and the AIM Literary Festival, where she champions storytelling as a way to uplift, educate, and inspire.

Originally from the Himalayan region, India, where *The Gift That Gives Back* is set, she witnessed the impact of deforestation and floods firsthand and realised how children can develop fears after witnessing such devastating floods and heavy rainfalls. This inspired her to write stories that help children face fears, and see how small actions make a big difference.

With a background in science and mindfulness her work explores how stories shape emotional well-being and creativity while simplifying complex ideas through books and educational resources. She is dedicated to nurturing diverse voices and helping the next generation to embrace storytelling not only as a source of joy, but also as a meaningful tool of expression.

Author's website : www.monicasood.co.uk

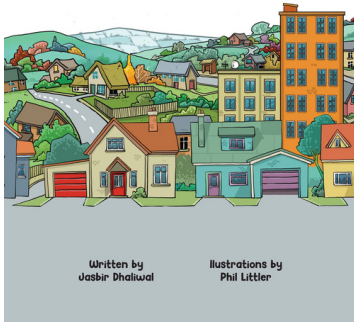




MY HOME, YOUR HOME

J A S B I R D H A L I W A L

MY HOME, YOUR HOME



Imprint: Author In Me
ISBN: 978-1-0684448-3-8
Book Size 210 x 280
Number of pages-32
Format: Paperback
Retail Price- £10.99
Picture Book
Themes- Community, Housing,
Diversity
Publishing Date, 5th October 2025

Book Synopsis

Ever wondered what a bungalow is, or how it's different from a flat? Step into this colourful adventure through the neighbourhoods across the UK and discover the many types of homes people live in. From cosy cottages to houses on wheels, children will love spotting, comparing, and learning about the places where people make their lives.

Packed with bright illustrations, fascinating facts, and interactive "Can You Spot?" challenges on every page, this book is designed to spark curiosity and start conversations.

Perfect for classroom learning, library storytimes, or cosy shared reading at home, it helps children see that homes, just like people, come in all shapes and sizes.

Can you spot the house with no stairs? The home on wheels? Open the book and find out!

ABOUT THE AUTHOR



Jasbir Dhaliwal



Jasbir Dhaliwal is a devoted mother of two and an experienced conveyancing solicitor. She has built a career that offers both flexibility and purpose allowing her to balance family life while pursuing her passion for property. Raised in a family deeply involved in property investment, her path into the world of conveyancing felt like a natural progression.

Over the years, she's come to realise how little property education is offered in schools, despite its importance in everyday life. Determined to fill that gap, she wrote, *My Home, Your Home*, a vibrant and engaging picture book that introduces children to the many different types of houses across the UK.

Through her writing, Jasbir hopes to spark curiosity and empower the next generation with early knowledge about property, ownership, and the spaces we call home.

♥ author in me

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